

Antipasti

Starters

/Early Bird

Bruschetta Al Pomodoro (V)

£4.50/£3.30

Homemade toasted bread topped with marinated, diced fresh tomatoes, garlic, olive oil & basil

Melone Con Coulis Di Frutta (V)

£5.25/£4.40

Sliced seasonal melon served with fruit coulis

Pate Della Casa

£6.55/£5.55

Homemade chicken liver pate served with toasted bread & a coulis of cranberry, port & orange

Misto Di Formaggi (V)

£6.20/£5.15

Deep fried camembert & brie served on mixed leaves with a cranberry sauce

Delizia Dei Boschi (V)

£7.30/£6.20

Sautéed wild mushrooms, garlic & cream, served with homemade toasted bread

Tortina Della Casa

£7.50/£6.35

Homemade Prego fish cake served with mixed leaves & a sweet chilli dip

Calamari Fritti

£7.30/£6.20

Golden deep fried calamari rings served with a garlic mayonnaise

Gamberoni All'Aglio

£8.25/£7.10

Shell off king prawns, tossed in olive oil, garlic, white wine, lemon juice & herbs

Costollette Di Maiale

£7.25/£6.10

Slow roasted pork spare ribs in a Prego barbeque sauce

Zuppe

Soup

Zuppa Del Giorno

£5.20/£4.60

Soup of the day served with toasted bread
please see special board for details

Minestrone (V)

£4.50/£3.95

Classic Italian soup of vegetables & mixed beans

Focaccie

Pizza Bread

Focaccia Al'Aglio (V) Homemade garlic pizza bread	£4.25
Focaccia Rosmarino (V) Homemade garlic pizza bread with rosemary	£4.25
Focaccia Al Pomodoro E Aglio (V) Homemade garlic pizza bread with tomato, olive oil & basil	£4.95
Focaccia Al Formaggio E Aglio (V) Homemade garlic pizza bread with a little mozzarella cheese	£5.25

Insalata

Salads

	Starter/Main
Insalata Alla Caprese (V) Freshly sliced tomatoes, mozzarella, basil, oregano & olive oil	£6.25/£9.25
Insalata Della Chef (V) (N) Warm slices of goats' cheese on a crostini bread, served with pine kernels & a mixed leaf salad in a honey & balsamic reduction	£6.55/£9.55
Insalata Di Manzo Strips of beef, fresh red chilli, onions, garlic, cucumber, mint & cannellini beans dressed with soy sauce, sweet chilli sauce, lime juice & sesame oil	£6.55/£9.55
Insalata Di Pollo Alla Cesare Marinated diced chicken breast & bacon tossed with cherry tomatoes, croutons, & mixed salad leaves topped with a Caesar dressing & shaved Parmesan	£6.55/£9.55
Insalata Di Spinaci Al Miele (N) Spinach leaves tossed in bacon, Parmesan shavings, toasted pine kernels with balsamic & honey dressing	£6.55/£9.55

Early Bird Salads

Starters £5.75

Main £8.75

Paste

Spaghetti Alla Bolognese Spaghetti pasta with Bolognese sauce	£7.30/£6.20
Lasagne Al Forno Traditional oven baked lasagne	£7.80/£6.60
Spaghetti Dello Chef Spaghetti pasta tossed with diced chicken breast, fresh asparagus, prawns, spring onions, garlic, lemon juice, olive oil & white wine	£8.55/£7.25
Penne Vesuviana Penne pasta tossed in a Neapolitan tomato sauce with strips of beef, red wine, chopped field mushrooms & fresh red chilli	£8.75/£7.45
Tagliatelle Del Fattore Egg pasta strips with chicken, mushrooms, onions, tomato sauce & a touch of cream	£8.75/£7.45
Agnolotti D'Astice Egg pasta filled with lobster & ricotta, tossed in a sauce of asparagus, prawns & cream	£9.50/£7.80
Cannelloni Alla Nizzarda Pasta tubes filled with savoury meat & spinach, oven baked with béchamel, tomato & cheese	£8.25/£7.30
Tagliatelle Dei Corsari Egg pasta strips with mussels, prawns, monkfish, extra virgin olive oil, chilli, white wine & a touch of Neapolitan tomato sauce	£10.50/£8.95
Penne or Spaghetti Al Pomodoro Fresco E Basilico (V) Pasta tossed in a sauce of fresh tomatoes extra virgin olive oil, basil & garlic (Chilli may be added on request)	£6.85/£5.85
Ravioloni Sardi (V) Egg pasta parcels filled with spinach and ricotta cheese, bound in a sauce of garlic, mushrooms and fresh cherry tomatoes	£8.50/£7.45

Risotti

Risotto Ai Funghi (V) Risotto rice tossed with mixed wild mushrooms, garlic, shallots, a touch of cream & Parmesan cheese	£10.55/£8.95
Paella Risotto rice tossed with king prawns, bacon, chorizio, mussels, chicken breast, peppers, tomatoes, onions, garlic, saffron rice & white wine	£10.75/£9.15
Risotto of the Day Please see special board for risotto of the day and price	



All pizzas may be custom-made
Each extra topping:
Vegetable 75p Meat or Fish 85p

Pizza Margherita (V) Tomato, mozzarella & basil	/Early Bird £6.85/£5.85
Pizza Peppiniello (V) (N) Goats' cheese, caramelised red onions, pine kernels & spinach	£8.25/£7.00
Pizza Quattro Stagioni Tomato, mozzarella, mushrooms, spicy pepperoni, smoked ham, peppers & artichokes	£8.35/£7.10
Pizza Stelle E Striscie Tomato, mozzarella, pepperoni & onions	£7.95/£6.75
Pizza Prosciutto E Funghi Tomato, mozzarella, smoked ham & mushrooms	£7.95/£6.75
Pizza Tropicana Tomato, mozzarella, smoked ham, pineapple & mushrooms	£8.20/£7.00
Pizza Napoli Anchovies, capers, garlic, olives, mozzarella, tomato & oregano	£7.55/£6.40
Pizza Volcano Tomato, mozzarella, strips of beef, jalapeno peppers, mushrooms, onions & fresh red chilli Nice, hot & spicy!!	£8.75/£7.30
Pizza Calzone Al Prosciutto (Folded Pizza) Smoked ham, mushrooms, mozzarella, tomato & pepperoni	£8.20/£7.00
Pizza Calzone Alla Kiev (Folded Pizza) Diced chicken, mushrooms, garlic, mozzarella, tomato & spinach	£8.50/£7.30

**Other fresh market specialities are on our board daily.
Please ask for today's available choice**

Secondi

Mains

Fresh Hake Fillet

Topped with melted emmental cheese, served on a bed of mash and a king prawn bisque

/Early Bird
£12.95/£10.95

Grilled Fillet of Salmon

Served on a bed of rocket salad and glazed with spiced tomato salsa

£13.95/£10.95

Pan fried Sea Bass Fillets

Served on a bed of olive mash potato and a marinara sauce

£16.50

Pollo Alla Crema

Pan fried chicken breast with mixed mushrooms, garlic, herbs, white wine and cream sauce on a bed of spinach

£12.95/£10.95

Pollo Al Fumo

Marinated sizzling chicken breast served on a hot sizzling plate with tomatoes, onions, peppers & a salad garnish

£14.95/£12.95

Vitello Al Marsala

Veal petals, pan cooked in a marsala wine & mushroom sauce with sautéed new potatoes

£14.75/£12.75

Vitello Saltimbocca

Veal escallop with a Parma ham, sage & white wine sauce, served with creamy potatoes

£14.95/£13.20

Bistecca Mare E Monti

Grilled rib eye or sirloin steak served with king prawns, wild mushrooms & garlic sauce

£16.95

Strogonoff

Strips of fillet steak, pan cooked with mushrooms, onions, paprika & brandy sauce, served with rice

£16.95

Misto di Carne Al Fumo

Marinated rib eye steak, chicken breast & lamb cutlets served on a hot sizzling plate with tomatoes, onions, peppers & a salad garnish

£17.95

Agnello Al Rosmarino

Lamb cutlets pan cooked with olive oil, rosemary, garlic & red wine, served with creamy potatoes

£14.75

Please see over page for our selection of Grilled Dishes

Grigliati

Grilled Dishes

Rib Eye Steak	/Early Bird £13.50/£11.95
Sirloin Steak	£13.95
Fillet Steak	£16.50
Pollo Alla Griglia Chicken Breast	£10.50/£8.95
Vitello Alla Griglia Veal Escallop	£13.50/£11.50
Agnello Alla Griglia Gilled Lamb Cutlet	£14.50/£12.60

All grilled dishes are served with roasted vine tomatoes and grilled mushrooms

A choice of sauces to compliment your grilled dishes are available as follows @ £1.50 each:
Brandy & Peppercorn & Tomatoes and Herb

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Contorni

Side Dishes

French Fries	£2.30/£1.90
Sautéed Spinach with fresh spring onions	£2.50
Selection of Seasonal Vegetables & Potatoes	£2.95/£1.95
Patate Saltate New potatoes sautéed with olive oil & onions	£2.50
Fluffy Olive Oil Mashed Potato	£2.50
Deep fried Julienne of Carrots and Courgette	£2.50
Mixed Lettuce Salad with Honey Mustard Dressing	£2.50/£1.95

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Grilled Fillet of Salmon Served on a bed of rocket salad and glazed with spiced tomato salsa	£13.95/£10.95
Pan fried Sea Bass Fillets Served on a bed of olive mash potato and a marinara sauce	£16.50
Pollo Alla Crema Pan fried chicken breast with mixed mushrooms, garlic, herbs, white wine and cream sauce on a bed of spinach	£12.95/£10.95
Pollo Al Fumo Marinated sizzling chicken breast served on a hot sizzling plate with tomatoes, onions, peppers & a salad garnish	£14.95/£12.95
Vitello Al Marsala Veal petals, pan cooked in a marsala wine & mushroom sauce with sautéed new potatoes	£14.75/£12.75
Vitello Saltimbocca Veal escallop with a Parma ham, sage & white wine sauce, served with creamy potatoes	£14.95/£13.20
Bistecca Mare E Monti Grilled rib eye or sirloin steak served with king prawns, wild mushrooms & garlic sauce	£16.95
Strogonoff Strips of fillet steak, pan cooked with mushrooms, onions, paprika & brandy sauce, served with rice	£16.95
Misto di Carne Al Fumo Marinated rib eye steak, chicken breast & lamb cutlets served on a hot sizzling plate with tomatoes, onions, peppers & a salad garnish	£17.95
Agnello Al Rosmarino Lamb cutlets pan cooked with olive oil, rosemary, garlic & red wine, served with creamy potatoes	£14.75

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